



2025 SERVICES GUIDE



SAVING LIVES & BOTTOM LINES

I started Gotham Safety back in 2010 with a specific mission in mind: to improve worker quality of life by preventing incidents in the workplace and to reduce the financial burden on employers for incidents and losses that do occur.

We are tremendously proud to be celebrating 15 years in business this year, growing into New York's premier safety consulting firm in the process. With our continued growth and nationwide expansion, our future feels limitless!

This exciting growth and sustained excellence would not be possible without the efforts of the amazing men and women on our team, ever the consummate professionals who are truly the best at what they do.

We also would not be here without our amazing family of Clients. The personalized service we strive to provide every single Client allows us to build long-term relationships and be the "go-to" resource they deserve for all of their workplace safety and risk management needs.

Without further ado, I proudly present our 2025 service offerings!



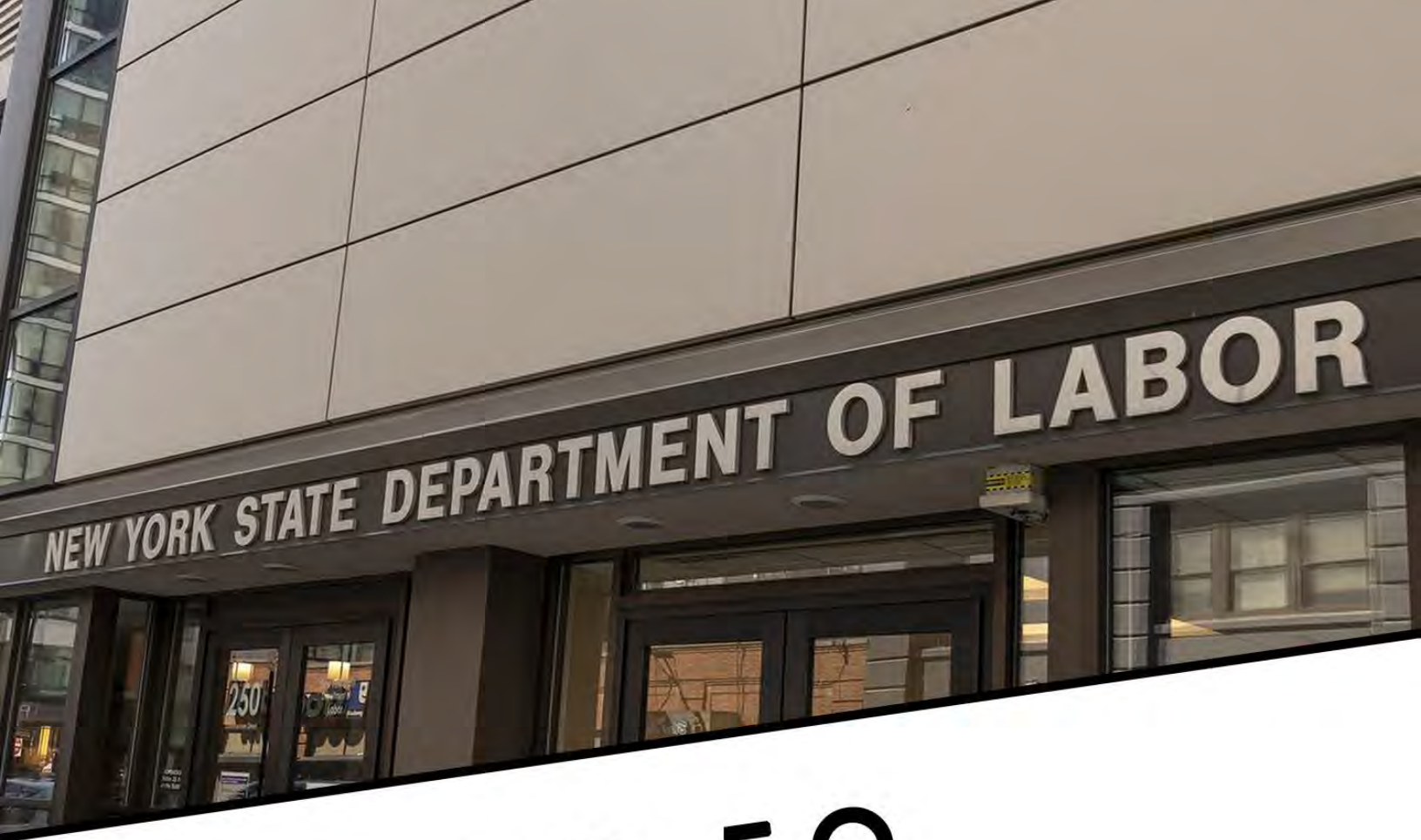
Andrew Abraido, CHST, CSC, CSS
President



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ICR 59

NYSDOL COMPULSORY WORKPLACE SAFETY & LOSS PREVENTION PROGRAM

- NYSDOL Certified Safety Consultants on staff
- Thousands of companies served across every industry imaginable; **100% success rate**
- **Our team handles the entire process** ensuring employers meet all mandatory deadlines
 - Draft letters to be sent to Workers' Comp Carrier and NYSDOL
 - Safety inspection of employer's facility
 - Review of employer's safety documentation
 - Generation of 21-page report to be delivered to NYSDOL
 - Available to work with employers after the report on outstanding items (6-month window)
- Capable of performing ICR 59 follow-up service on Workers' Comp Carrier's behalf

ICR 60

NYSDOL WORKPLACE SAFETY & LOSS PREVENTION INCENTIVE PROGRAM

- NYSDOL Certified Safety (CSS), Drug & Alcohol Prevention (DAPP), and Return to Work (RTWP) Program Specialists on staff
- Employers can qualify for up to a **10% annual reduction** on their Workers' Comp policy premium if they meet the following criteria:
 - Maintain an Experience Modification Rating (EMR) under 1.30
 - Pay an annual Workers' Comp premium greater than \$5,000
 - Do not belong to a NYSIF Safety Group other than Group 90
 - Have a comprehensive Safety Program, Drug & Alcohol Prevention Program, and / or Return to Work Program developed and implemented*
- * We work with employers to develop the necessary Programs to qualify in addition to helping them apply for the credits
- **100% success rate**; every company we have helped apply has been granted credits



A vertical image on the left side of the page showing a city skyline at sunset. The sky is filled with orange and red clouds. In the foreground, there's a highway with a bridge structure. The city buildings are visible in the background.

WRITTEN SAFETY PROGRAMS

Gotham Safety has a strong team of technical writers on staff that are able to **provide employers with all their safety plan and documentation needs**, both in physical and interactive digital formats.

Our offerings include but are not limited to:

- Health and Safety Plans (HASPs)
 - Corporate, Site-Specific, etc.
- Workplace Safety & Loss Prevention Programs (Required for ICR 59)
- Emergency Action Plans (EAPs)
- Employee Handbooks / HR Manuals
- Forms, Checklists, and Other Reporting Documents
- Structured Plans that Meet OSHA and Other Regulatory Agency Requirements
- Field Pocket Guides with QR Shortcuts to Helpful Mobile Apps
- Development of Behavior-Based Plans to Improve Compliance and Reduce Injuries
 - OSHA-Approved Incentive Programs

SAFETY TRAINING

Gotham Safety offers a **wide variety of training courses in English and Spanish that are customized to fit employers' needs.** These courses include but are not limited to:

- OSHA 10-hour & 30-hour Outreach Training
- NYC DOB Local Law 196 Training (SST)
(40-hour Worker & 62-hour Supervisor)
- Forklift Certification & Refresher Training
- Aerial Lift Certification & Refresher Training
- 4-hour Scaffold User Training (NYC DOB)
- NYS Workplace Sexual Harassment Training*
- Federal Bloodborne Pathogens Training*
- First Aid / CPR / AED Training
(Adult, Child, Infant)
- HAZWOPER / HAZMAT Training
(40-hour Worker & 8-hour Refresher)
- Workplace Violence / Active Shooter Training
- ICR 59 Workplace Safety & Loss Prevention
Program Training
- Defensive Driver Training
- Competent Person Training
(including but not limited to):
 - Confined Space
 - Electrical Awareness
 - Fall Protection
 - Fire Prevention
 - Hazard Communication
(HAZCOM)
 - Ladders
 - Lead Awareness
 - Lockout / Tagout
 - Material Handling and Lifting
 - Personal Protective Equipment
(PPE)
 - Respiratory Protection
 - Silica Awareness
 - Slip, Trip, and Fall
 - Trenching and Excavation
 - Welding and Cutting (Hot Work)
 - Work Zone Traffic Control /
Flagger

***Mandatory Annual
Training**



SAFETY ON-DEMAND

OUR *Signature* SERVICE



HOW IT WORKS

Gotham Safety acts as your Safety Department. One of our experienced safety professionals will be assigned as your firm's "Safety Director" and coordinate everything to ensure your needs are fulfilled and your safety-related goals are achieved. Packages are based upon a preselected number of allotted hours of service per month that is easy to adjust as your needs change.



WHO BENEFITS

This service is **perfect for businesses of all sizes in any industry** that wants to improve their safety culture, need assistance with and have questions relating to safety, and truly care about their employees' well-being as well as the company's bottom line.



INCLUDED TASKS

- Safety Program Development & Updates
- OSHA & Insurance Claims Management
- Safety Meeting Guides
- Programmed Safety Audits
- Injury & Incident Investigations
- Safety Training
- And Much More!

FIELD SAFETY & RISK AUDITS

- World-class safety and risk management professionals on staff
- Routine / programmed audits and inspections
 - OSHA preparedness
 - Checkups for high-risk / high-probability industries
- Objectively assess employer's risk of insurability
- **Detailed written reports with pictures provided**





INCIDENT MANAGEMENT & INVESTIGATION

- Veteran incident investigators on staff
- Objective analysis of incident / injury
- **Root cause analysis**
- Development and implementation of future preventive measures / lessons learned
- Establishment of local occupational clinics to reduce the risk of Lost Time Recordable Incidents (OSHA)

OSHA COMPLIANCE

Compliance with OSHA can be a daunting task for employers, especially after a surprise or programmed OSHA inspection. Gotham Safety has all of the tools to be able to help employers deal with any OSHA citations they may have received and can also put them in the best possible position to avoid receiving fines in the future.

- OSHA Recordkeeping Completion Services
 - 300 Logs (Annual)
 - 300A Summary Forms (Annual)
 - 301 Forms
 - Injury Tracking Application (ITA) Assistance
 - Bureau of Labor Statistics (BLS) Surveys
- OSHA Reporting Guidance
 - Recordable vs. Non-Recordable
 - Claim Management
- OSHA Citation Mediation
 - Action Plan Development
 - **Work with OSHA to reduce fines on employer's behalf**
- Employee Complaint Response
 - Independent investigation on employer's behalf
 - Written communication to OSHA





EMR REVIEW

Your Experience Modification Rate (EMR) is an important premium adjustment factor and should be reviewed carefully to determine if you are being properly charged. With our EMR Review, we will attempt to obtain a refund and / or credit for you. The best part of this service is that **we either save you money or there is no charge** -- it's a WIN-WIN situation. Our EMR Review includes the following:

- Independent research and verification of your experience mod factor
- Verification of the reserves pertaining to loss claim data
- Automatic enrollment for any available credits on your policy (CPAP, etc.)
- Analysis of 8 years of audits to determine if the EMRs applied by the carriers were correct
- Investigation of any subrogated claims to ensure any recouped monies by the insurance carrier were properly reported to the Rating Board
- Refunds and / or credits will be achieved when we send your corrections to the Rating Board and your audit(s) are adjusted
- We charge a contingency fee -- you only pay us if you receive a refund and / or credit!



RESPIRATORY PROTECTION

OSHA's Respiratory Protection Standard is one of the most challenging for employer's to follow. Without the proper guidance, employers could face significant penalties for non-compliance and worse, employees could go unprotected in hazardous environments. Our Respiratory Protection Services include but are not limited to:

- **Respirator Fit Testing**

- Air Purifying Respirators (APRs)
- Supplied Air Respirators (SARs) / Atmosphere-Supplying Respirators (ASRs)
- Self-Contained Breathing Apparatus (SCBA)

- Written Respiratory Protection Program
 - Required by OSHA

- Guidance for Medical Surveillance
 - Occupational Clinic Network Setup
 - Mobile Deployment for On-Site Testing

SAFETY RECRUITING

Due to the specific nature of occupational safety work, many firms struggle with recruiting and hiring the proper safety professionals. Who better to analyze the qualifications and make accurate recommendations than an actual safety company?

Gotham Safety has recruiters on-staff who **specialize in staffing safety positions for a variety of industries**. Our network of top-flight professionals and unparalleled knowledge of this professional space makes us the best choice to help your firm find the perfect safety professional.



PREQUALIFICATION GUIDANCE

Contractors and service providers know firsthand that the safety prequalification process to bid on certain projects for highly respected clients can be a tiresome burden. The constant back and forth, not being overly familiar with all of the safety information being requested--it's enough to drive anyone insane.

Let our experienced team of professionals help you with that. Our seasoned veterans have a tremendous amount of **experience in handling prequalifications for clients in wide array of formats** including but not limited to:



- **ISNetworld**
- **Procore**
- **Avetta**
- **Browz**
- **Veriforce**
- **TradeTrapp**
- **And Many More!**

***Annual Maintenance
Plans Available**

EXPERT WITNESS TESTIMONY

Finding an expert witness to testify on your behalf regarding health and safety matters can be a daunting task. At Gotham Safety, we have highly skilled and qualified professionals on staff that specialize in **expert witness testimony for a variety of OSHA specialties**, including but not limited to:

- Aerial Lifts
- Combustible Dust
- Control of Hazardous Energy (Lockout / Tagout)
- Electrical Safety
- Fall Protection
- Fixed and Portable Ladders
- General Construction Safety
- Hazard Communication (HAZCOM)
- Hazardous Waste Operations and Emergency Response (HAZWOPER)
- Machine Guarding
- Material Handling
- Occupational Health / Industrial Hygiene
- OSHA Compliance
- OSHA's Multi-Employer Worksite Citation Policy
- OSHA Recordkeeping Requirements
- Overhead / Gantry Cranes
- Permit Required Confined Spaces
- Personal Protective Equipment (PPE)
- Powered Industrial Trucks (Forklifts)
- Residential Construction
- Trench and Excavation Safety
- Welding and Cutting Safety (Hot Work)
- Workzone Traffic Control





SAFETY TECHNOLOGY & PRODUCT CONSULTING

The 21st century has transformed technical landscapes across a variety of industries and safety is no exception. There are tons of products and software out there that can be real game changers for businesses and their ability to elicit safe production. What's not so easy is determining which software package or technology suite is best for your firm. That's where we come in. Gotham Safety's in-house technology experts will be able to properly **assess your company's needs and make custom tailored recommendations that will provide you with a package that will help to bring your safety program to the next level.** Interactive electronic documentation, injury and claim tracking, push notifications of crucial safety topics and other crucial safety communications directly to your employees' devices -- the possibilities are limitless.

Why stop with software? Gotham Safety's professionals can also **help your firm select the best personal protective equipment (PPE) products** like fall protection harnesses, lanyards, lifelines, respirators, and so on that will not only **provide the best level of protection** to your employees but also **meet your budget.** We have strong relationships with the most trusted vendors in the industry and will help you secure practical product demonstrations and training for your employees, all at the best possible pricing.

INDUSTRIAL HYGIENE

Gotham Safety has **in-house Certified Industrial Hygienists (CIHs)** who provide a **wide range of services to evaluate potential environmental and occupational health hazards**. Our industrial hygienists have assessed thousands of workplaces, worked to decrease health risks, and developed and implemented solutions to prevent future incidents.

Some examples of industrial hygiene services we are able to offer include:

- Indoor Environmental Quality (IEQ) Assessments
- Indoor Air Quality (IAQ) Assessments
- Asbestos, Lead, Mold, and Other Hazardous Material Identification
- Training
- And Much More!



TESTIMONIALS



I had to get an ICR 59 report for my business. Gotham Safety was super helpful and made the process seamless. Highly recommend.”

- Chris P.



These guys wrote my company's corporate HASP and trained everyone on it. They also did some fall protection training for our roofers which was a hit. They have helped us take a more proactive approach towards safety which we appreciate. We don't ever want to see any of our guys get hurt.”

- Arthur S.



Gotham Safety did the OSHA 30 hour for our guys last year. With the new DOB laws we needed to get everyone trained quickly and they delivered for us. Definitely recommend and will be using them again whenever we need to renew.”

- Alessandro G.



Excellent experience working with Gotham Safety. They understand what businesses have to go through and offer a wide array of services for a good cost.”

- Abdallah J.



I approached Gotham Safety for assistance with our ICR 60 application and they were incredibly helpful. They took the time to explain everything fully and we ended up saving \$50,000 on our workers comp insurance! I recommend them to everyone I talk to!”

- Stefanie B.

BCSP



AFFILIATES



MBE & DBE CERTIFICATIONS

Gotham Safety is committed to both the excellence and diversity of our workforce. Toward achieving these goals, we strive to engage with strategic partners and serve companies that share our commitment and provide visibility and share opportunities that reflect those shared diversity goals.

As an official **New York State Minority-Owned Business Enterprise (MBE)**, we are certified to engage in business relationships with corporations and with government and public sector enterprises in New York State and New York City, which have been specifically empowered to offer opportunities to Minority-Owned service providers.

In addition to our MBE certification, we are also certified as a **Disadvantaged Business Entity (DBE)** which allows us to engage in business relationships on federally funded projects with minority participation goals. Gotham Safety is proud to be certified as a DBE in New York, New Jersey, Connecticut, Pennsylvania, Massachusetts, Delaware, Maryland, Missouri, Ohio, and Florida.





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Google
Reviews ★★★★★ 4.9

